

The Japanese Garden Intensive Seminar Plus in Kyoto 2018

International Symposium IV

“The Healing Japanese Garden, Ideas and Design”

2018, 10 / 20 Sat 9:30 ~ 16:15

At Kyoto University of Art and Design JIKISHIN-KAN 4F J41

Free Admission | Lectures in English (or with simultaneous translation)

Introduction:

Gardens are appreciated with all our five senses. It is difficult, therefore, to express in words what we feel, hear, or see. Perhaps it is because of such unpronounceable effects that gardens are soothing to the mind. All over the world we see that professionals in the world of medicine and care have discovered the beneficial effects of the garden to human health and well-being. Recovering from serious diseases seems to be helped by viewing, or being inside a garden.

Elderly patients, suffering from Alzheimer's disease also seem to profit from being surrounded by familiar greenery. Within Japan, with its aging society, there is ample experience with the beneficial effects of the healing garden. Outside Japan we see that Japanese gardens attract the attention for its healing effects. This symposium intends to bring together experiences from specialists inside and outside Japan and find answers to such questions as:

What does the garden have to offer to the suffering human?

Why is it that Japanese gardens seem so successful in the West?

The symposium is hosted by:

The Research Center for Japanese Garden Art and Historical Heritage (RCJGAHH), Kyoto University of Art and Design (KUAD)